

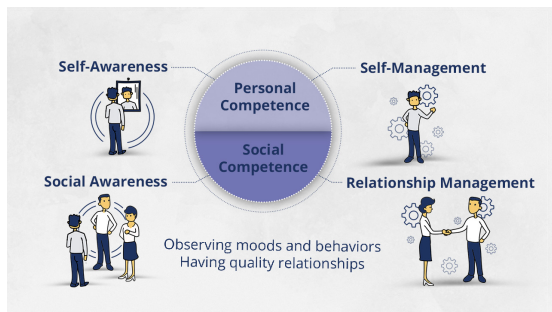
EMOTIONAL INTELLIGENCE (EQ) IS THE #1 PREDICTOR OF AN INDIVIDUAL'S JOB PERFORMANCE.

EQ explains a full **58% of success** in all types of jobs. However, it's often difficult to scale this training across organizations. TalentSmartEQ's **new EQ Essentials™ online course** is a short, engaging learning experience finally accessible to all.

This self-paced course offers organizations an entry point into emotional intelligence. *EQ Essentials* allows users to get an understanding of what EQ is, and why it is important to their world—specifically their world of work.

FLEXIBLE DELIVERY

While TalentSmartEQ® continues to implement innovative instructor-led training programs (in-person and virtual), *EQ Essentials* now offers a more flexible learning delivery option. This on-demand, self-paced course offers powerful development opportunities for employees, regardless of their function, location or schedule.



The learner journey includes:

- **Interactive videos to introduce emotional intelligence**
- **Reflections for learners to draw from their own understanding**
- **Scenario-based exercises to show EQ in action**
- **Assessments and surveys to check progress**
- **Downloadable resources to utilize afterward**

ENGAGING CONTENT AND EXPERIENCE

This course allows participants to:

- **Connect to core EQ concepts in a personal way**
- **Define key skills and strategies for developing EQ**
- **Integrate insights and actions to meet participants' real-world needs**

The *EQ Essentials* online course works as a standalone training option, or as part of a dedicated training program with our Mastering EQ® series.

PAIR WITH AN EQ SELF-ASSESSMENT

EQ Essentials can be strengthened even more by adding the world's most powerful EQ assessment, the Emotional Intelligence Appraisal®- Self Edition. This assessment personalizes the EQ journey for each participant, delivering scores, analysis, and recommended strategies based upon a participant's unique profile.

EQ ESSENTIALS	EQ ESSENTIALS + SELF-ASSESSMENT
Perfect for Onboarding and All-Company Alignment <ul style="list-style-type: none"> • 4-Module Course • 60 Minutes • 4 Post-learning Video Tips • Downloadable Job Aids • 12-Month Access 	Most Popular Option – includes the Emotional Intelligence Appraisal® - Self-Edition Assessment <ul style="list-style-type: none"> • 4-Module Course • 90 Minutes • 4 Post-learning Video Tips • Downloadable Job Aids • 12-Month Access • Emotional Intelligence Appraisal® Self-Edition Report • Retest with Progress Report
\$59	\$99