

# PLAN YOUR TRIP

## Washington DC

### TRAVEL INFORMATION FOR EQ TRAIN-THE-TRAINER CERTIFICATION

#### WHAT TO EXPECT

##### Date & Time:

October 17-18, 2023 (Level 1)

October 19-20, 2023 (Level 2)

Each day, we will begin at 8:30 a.m. and end no later than 5 p.m., except for Friday when we will end by 2 p.m.

Breakfast and lunch will be provided. Breakfast will come in at 8 a.m., in case you would like to get an early start.

Dress: Business casual

#### TRANSPORTATION

The hotel is 5 miles from the Ronald Reagan Washington National Airport (DCA) and 28 miles from the Washington Dulles International Airport (IAD). Uber, Lyft and Taxi service are available at both airports.

#### PROGRAM LOCATION

The Mayflower Hotel  
1127 Connecticut Ave NW  
Washington, DC 20036  
Reservations: (202) 347-3000  
TheMayflowerHotel.com

Rooms at The Mayflower Hotel are available on a first-come, first-served basis. There is no block of rooms reserved.

